



June Newsletter

UPCOMING IN JUNE

June is shaping up to be a joyful and activity-packed month at the centre! We're starting with our Teddy Bear Picnic—a fun outdoor event!

We're also preparing for our end-of-year graduation celebration!

Graduation photos will be taken this month as we get ready to mark this important milestone with pride and excitement!

In honour of World Ocean Day, we'll be exploring the wonders of marine life, from colourful coral reefs to fascinating sea creatures, through engaging stories, art, and sensory activities.

To celebrate the Summer Solstice, we're creating some beautiful nature-inspired crafts like sun catchers made with tissue paper and contact paper, and flower crowns using real and crafted blooms—perfect for honouring the longest day of the year and the start of summer!

Lastly, we're hosting a Father's Day Brunch to celebrate the amazing dads and father figures in our lives. It's a special morning filled with good food, fun activities, and appreciation.

June is sure to bring sunshine, celebration, and lasting memories for all!

TEDDY BEAR PICNIC

THURS, JUNE 19, 2025

We're excited to invite all our little ones to a special **Teddy Bear Picnic**! Children are welcome to bring their favourite stuffed animal to join in the fun. We'll enjoy a snack outdoors (weather permitting), along with face painting, games, and lots of playful activities. It's sure to be a beary fun day full of laughter and memories!

FATHERS DAY BRUNCH

FRIDAY, JUNE 13, 2025

We're celebrating all the amazing dads and father figures with a special Father's Day Brunch on Friday, June 13 from **8:00–10:00 a.m.** Join us for a morning of delicious food, fun activities, and quality time with your little one!





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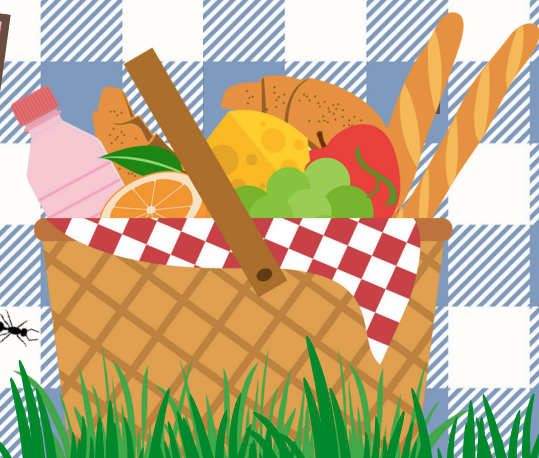
THE IMPORTANCE OF FINE MOTOR DEVELOPMENT

From picking up tiny snacks to learning how to hold a crayon just right, those little hands are doing some pretty important work! Fine motor skills refer to the small movements in a child's hands, fingers, and wrists—and while they might seem like simple tasks, they're actually the building blocks for so many essential life skills.

Think about buttoning a coat, using a fork, brushing teeth, tying shoelaces, or printing letters. All of these tasks rely on strong fine motor development. That's why we make sure to include plenty of opportunities each day for children to strengthen those little muscles in fun and meaningful ways.

Indoors, we use activities like playdough, puzzles, bead threading, sticker play, crayon and marker drawing, and using child-sized scissors. These kinds of play experiences help improve grip strength, hand-eye coordination, and precision skills that support everything from early writing to self-help routines.

Outdoors, the learning continues! Our playground and nature-based activities offer even more ways to develop fine motor skills in a natural, playful setting. Children scoop and pour sand, pick up sticks and rocks, dig in the garden, carry buckets of water, and use chalk to draw on sidewalks. Climbing structures, ropes, and nature exploration all help with grasp strength, balance, and coordination. Fine motor development isn't just about school readiness—it also boosts independence, self-confidence, and persistence. When children can successfully manage small tasks on their own, they feel proud and capable, which motivates them to keep trying and learning!





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OUTDOOR ACTIVITY: SPRAY BOTTLE GARDEN ART

Materials Needed:

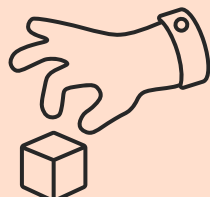
- Clean spray bottles filled with water
- Washable paint or food colouring (optional, for added fun)
- Chalk
- Fence, sidewalk, or outdoor wall
- Optional: Stencils, sponges, or paper shapes

Instructions:

Head outside and draw simple shapes or pictures with chalk on a sidewalk, fence, or wooden surface. Give your child a spray bottle and invite them to "wash away" the drawings by spraying water on them. Add food colouring to the water for extra colour play, or set up stencils and let them create "spray art."

Why It Helps:

Squeezing a spray bottle strengthens the muscles in the hands and forearms while encouraging creativity, hand-eye coordination, and bilateral hand use (using both hands together).



INDOOR ACTIVITY: POM-POM PICK-UP GAME

Materials Needed:

- Small pom-poms or cotton balls
- Tongs, tweezers, or clothespins
- Ice cube tray, muffin tin, or small bowls
- Optional: Dice, timer, or colour sorting cards

Instructions:

Scatter a handful of pom-poms across a table or on a tray. Ask your child to use tongs or tweezers to pick up each pom-pom and place it into individual compartments of an ice cube tray or muffin tin. For older children, add a challenge by rolling a die to pick up that many pom-poms, sorting by colour, or racing against a timer.

Why It Helps:

This game builds finger strength, coordination, and control, all while introducing early math and sorting skills in a playful way.

